

## **High School Team Requirements**

### **Practice Sessions**

1. Attend all practices, both on and off-ice as scheduled.
  - a. One absence is permitted with written, advance notice to both the coach and team manager. If skater is absent for an extended time, a written doctor's excuse may be required. In the event of serious injury or other unforeseen circumstance causing an absence, a meeting with the coach is required.
  - b. If absence is COVID related an exception will be made but coach, team manager will need to be notified prior to practice so practice can be recorded if needed
2. In the event of an injury that prevents the team member from skating, the team member will need to attend the practice and observe from rink-side. Team member is not permitted to sit in the bleachers with spectators.
3. If spectators become a distraction, the coach, manager or board member has the right to request they move to the lobby area.
4. Cell phone use by the skater is not permitted during practices.

### **Competitions**

1. Team members must attend all scheduled competitions. (Exceptions: If the final competition is scheduled during spring break, team members may give coach advance notice of anticipated travel plans. If a skater is unable to attend a competition in the event of other unforeseen circumstances, a meeting with the coach is required).
2. In the event of an injury, the team member must attend and sit with team members, in uniform.
3. In the event of illness, a doctor's note may be required to miss a competition OR the parent, team member, coach and manager must meet in person prior to the start of the competition to determine if the skater is capable of skating.
4. If illness is COVID related an exception will be made but coach, team manager will need to be notified prior to competition.
5. Team members are encouraged to sit together as a group and cheer on their teammates.
6. Team uniform will be worn for every competition.
7. Positive sportsmanship must be displayed toward fellow teammates as well as competitors. No negative or derogatory comments toward teammates, coaches, competitors or judges.
8. A team captain will be chosen by the coach for each competition. The team captain will be responsible for leading the team warm-up and getting the competition results and relaying them to the team. The team captain will also lead by example with an exceptional positive attitude.

### **Financial Responsibilities**

1. All team members must participate in available fundraisers including one summer brat fry and assigned weekly baked goods sales.
2. Marshfield High School team members must pay the annual athletic fee (\$15) prior to the start of the season in order to be eligible for the athletic letter.
3. Team member fee must be paid prior to the Ice Show.

4. Team member must purchase or rent a “Marshfield Area High School Team” jacket or vest to wear as a part of his/her uniform to every competition.

### **Assigned Elements**

1. It is the duty of the coaches to assign elements for each competition. Every effort will be made to maintain consistency of elements throughout the season. However, ice skating skills change with practice time and it may be deemed necessary to change elements as skaters gain new skills.
2. If the skater does not wish to perform assigned elements, s/he has the right to request an in-person meeting with the coaches, parent, team manager and board member to request an alternative element or reassignment. The skater must request the meeting within two days of receiving element assignments.

### **Conduct**

1. Team member must adhere to the Marshfield Silver Laces FSC Code of Conduct at all times.
2. Team member must adhere to the Marshfield High School Club Handbook (or High School attending handbook) at all times.

### **Requirements to earn Varsity Letter**

1. Attend all practices and competitions; more than one missed practice or a missed competition results in loss of letter.
2. Skate a minimum of 30 hours of Marshfield Silver Laces contract ice from October 1st thru March 15th. (group lesson time is included in the 30 hours does not include team practices- this is about 1.5 hours a week on average)
3. Volunteer for minimum of two hours with the club (may include participation in the Dairy Fest parade, weekly helper in learn to skate classes, help tie skates before classes, help with ice show,etc.)
  - a. Brat Barn participation doesn't count towards volunteer hours.
4. Take a minimum of one USFSA test (dance, free skate, or MIF) between April 1st-March 31st. Skaters who have passed Intermediate are exempt from this requirement.
5. In the event of an extenuating circumstance, skater may petition the Coach and MFSL Board in writing to reconsider issuing the Varsity Letter.
6. Submit Varsity Letter Application Form including coaches signature by March 1st by emailing it to [sk8clubpresident@gmail.com](mailto:sk8clubpresident@gmail.com).

\*By signing below I have read and I acknowledge the above expectations and agree to abide by them.

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Skater Signature

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Date